



# SPIRIT TOURS

Informational Packet

## ABOUT US

Islands express is a full-service travel agency owned and operated by the Cramer family since 1998. We specialize in group tours aimed at rejuvenating the mind and spirit. We offer a wide selection of destinations and themes to fit your desired vacation. Whether you are looking for a yoga retreat, a spiritual experience, some adventure, or even just a break from your daily life, Islands Express is here to help! We travel to destinations such as Bali, Costa Rica, Thailand, and Mexico. Each location is carefully chosen to ensure a perfect balance of beauty and safety. All of our tour guides have spent several years living in and visiting all locations. We can offer a true cultural experience that many tour companies fail to achieve. We work extensively with our clients to provide a tour that is uniquely designed to fit the needs of the group. We do not offer a one tour fits all!! During each tour we provide several different options for sightseeing. This allows each member of the group to determine what they would like to experience on their vacation, and more importantly, at what pace. We believe that there is nothing worse than spending your hard earned money and valuable time off, visiting tourist sites that you are not interested in! We invite you explore Islands Express and the remarkable tours we have to offer. We look forward to vacationing with you!



**Rice terrace in Tegallalang, Bali**

## INCENTIVES \$\$

- 1) All group Coordinators\* receive a free trip!
- 2) The spiritual leader/teacher of the group will receive a flat fee of \$50.00 per psgr
- 3) The group-affiliated organization will receive a donation of \$100.00 for every paying member of the group.

\* Group coordinators include one individual from the group's administration and one individual leading group sessions. Additional group coordinators may be eligible for paid expenses and/or discounts based on the size of the group.

## TOUR FEES

- 1) The price of your trip will largely depend on the location and length of your stay.
- 2) We have negotiated discounted rates with several hotels in most destinations.
- 3) To give you an idea of pricing, we have listed some actual prices from past tours below. Please remember that the price of your trip may be higher or lower based on season and location . Based on double occupancy. Airfare is included.

**Bali, Indonesia:** 10 days, 9 nights/ \$ 2,500.00.

**Thailand:** 10 days, 9 nights/ \$2998.00

**Costa Rica:** 8 days, 7 nights/ \$2100.00

**Yucatan Peninsula:** 8 days, 7 nights/ \$1950.00



Actual picture from hotel balcony of Arenal Volcano, Costa Rica

# **CONTACT US**

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**Comments from previous tours**

<http://www.baliadvisor.com/pages/spTest.html>

**Check out our website:**

[www.islandsexpress.com](http://www.islandsexpress.com)

Registered Seller of Travel, CST#2056730-40



Koh Tao "Turtle Islands," Thailand