



# Bali

## Island of the Gods

August 22<sup>nd</sup> through September 2<sup>nd</sup> - 2011

Join Reverends Edward Viljoen and Chris Michaels on a pilgrimage to the Islands of the Gods, where "Holding this sacred space" is a way of life.

With daily spiritual practice, optional yoga / light stretching, facilitated tours to some of Bali's holiest sites, cooking classes and so much more, you will be immersed in an atmosphere of exotic beauty, spiritual devotion and splendid nature.

Your guides will be Jim Cramer who lived in Bali for 10 years and has been accompanying visitors to the islands for 34 years, Dr. Edward Viljoen who has a passion for facilitating spiritual experiences in exotic locations.

### Testimonial

*Thanks for creating such a fabulous trip! Your passion,  
Consciousness, love and flexibility combined with lots  
Of organizational skills created the space for spirit to show up magnificently.*

\$3898.00



CENTER *for* SPIRITUAL LIVING



DAY 1 AUG 22<sup>nd</sup>

Depart SFO and cross the international dateline.

DAY 2 AUG 23<sup>rd</sup>

Arrive in Taipei and change planes for our flight to Bali.

Upon arrival in Bali we will be greeted with flowers leis



and check into the beautiful Bali Hyatt Sanur Beach. This beach front hotel is famous for its gardens, traditional Balinese architecture and friendly service. We will have the afternoon free to enjoy the beautiful hotel and music groups.

DAY3 AUG 24<sup>th</sup>

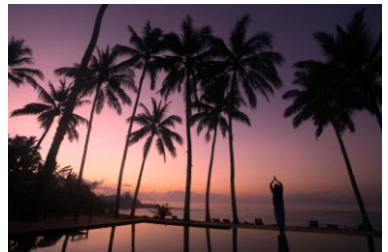
We will start the day with yoga and stretching followed by breakfast and prayer and meditation with Reverend Edward. We then have the day to receive welcome massages and relax by the pool. In the evening we will have our welcome dinner at the hotel restaurant.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer
- ❖ Welcome Massages
- ❖ 7:00pm Welcome Dinner

DAY 4 AUG 25<sup>th</sup>

Travel to Eastern Bali, winding along the coast and through beautiful rice fields to Candi Dasa a peaceful seaside area. Our home



will be a small beach front hotel, the Rama Ocean View. All rooms are decorated with Balinese harmony in mind. That evening we will have dinner on our own and get some rest. This will be our home base for the next two days while we explore the Eastern part of the island.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer and Seminar
- ❖ 1:00pm Travel East Bali via the Batu Lawa "Bat Caves Temple"

**DAY 5 AUG 26<sup>th</sup>**

We will start the day with yoga and stretching followed by breakfast and prayer and meditation with Reverend Edward. We will have the morning by the pool, or take optional Balinese dance lessons. After lunch we will travel to the water palace in Tirtagangga. The sacred water has always been regarded as holy and is often used for religious ceremonies.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer and Seminar
- ❖ 2:00pm Tour to Tirtagangga

**DAY 6 AUG 27<sup>th</sup>**

We will start the day with yoga and stretching followed by breakfast and prayer and meditation with Reverend Edward.



Then we will head to the village of Ubud, the artistic and cultural center of Bali. On the way we will pass thru beautiful rice terraces see beautiful vistas on one of the most beautiful back roads in Bali in Ubud we will stay at the Komaneka Bisma Resort hotel which is nestled

between running streams and rice terraces, a veritable oasis in the midst of Ubud's busy scene.

That evening we will dine together at Cafe Wayan in Ubud.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer
- ❖ Transfer to Ubud
- ❖ Dinner in Ubud

**DAY 7 AUG 28<sup>th</sup>**

We will start the day with yoga and stretching followed by breakfast and prayer and meditation with Reverend Edward. The rest of the morning is dedicated to enjoying Ubud and visiting the Nur Salon. The Mandi Lulur or flower bath massage treatment is one of the most popular experiences on our tours. After lunch we will visit Goa Gaja (the Elephant Cave) believed to have been a monastery in the 11th century. The entrance features the mouth of a mystical creature with many detailed carvings in the surrounding stone. Later we will enjoy a performance of Balinese dance by Semara Ratih "Sun and Moon", one of Bali's premier dance and music groups.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer
- ❖ Tour to Goa Gaja
- ❖ Dance Performance

**DAY 8 AUG 29<sup>th</sup>**

We will start the day with yoga and stretching followed by breakfast and prayer and meditation with Reverend Edward. We will then take a trip to Bali's highland at Mt. Bratan.



There we will visit the colorful fruit and flower market of Pasar Candi Kuning.

Afterwards we will visit Ulun Danu Temple. This serene temple is on the edge of a lake and is often shrouded in mists. The temple is dedicated to Dewi Danu, goddess of the waters. We will take offerings to the temple and be blessed by the priest. On the way home we will lunch at a restaurant with beautiful vistas of rice fields.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer
- ❖ Tour to Ulun Danu Temple via the flower market.
- ❖ Lunch at Pacung with beautiful views



**DAY 9 AUG 30<sup>th</sup>**

We will start the day with an early meditation and breakfast.

Afterwards we will have an optional cooking class (included.) After lunch

we have free time in Ubud for shopping, museums, art galleries or take in a spa treatment.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer
- ❖ Cooking Class

**DAY 10 AUG 31<sup>st</sup>**

We will start the day with a sunrise walk thru the hills of stretching followed by breakfast and prayer and meditation with Reverend Edward. Together we then will venture to Bali's south shore. On the way we will stop at CS Silver, one of Jim's favorite stops for beautiful silver and gold jewelry. Afterwards

we will check into the beautiful Bali Hyatt Sanur Beach. We will have the afternoon free to enjoy the beautiful hotel grounds, beach and pool

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer
- ❖ Transfer to Sanur Beach



DAY 11 Sept. 1<sup>st</sup>

We will start the day with yoga and stretching followed by breakfast and prayer and meditation with

Reverend Edward .We will visit Bali's famous seaside temple of Tanah Lot. The Temple rests upon a huge sentinel rock away from the shore, which has been carved by tides, wind, and rain. After sunset we will have a Farewell dinner at the Bali Hyatt Sanur Beach.

**Included:**

- ❖ 7:30 to 8:30 am: Breakfast
- ❖ 8:30 to 9:00 am: Meditation and prayer
- ❖ Tour to Tanah Lot Temple

Day 12 Sept 2<sup>nd</sup>

We will start the day with yoga and stretching followed by breakfast and prayer and meditation with Reverend Edward. We have the morning to relax by the pool before we will say our goodbyes and transfer to the airport for our flight back home. Bali is a gathering place for prayers from the Balinese and from all spiritual traditions of visitors from around the world. Our souls will be renewed, and the memories will remain in our hearts and souls forever. We depart for the airport at 1:00pm.

# Jim Omi Cramer



Jim Omi Cramer our Bali expert lived in Bali for 10 years and has been visiting Southeast Asia for 30 years. He has a BA in Anthropology specializing in Balinese dance, and wrote a guide book, Bali, Impressions of Paradise. Jim says, "Every time I go to Bali, I am reminded of my connection with the Source and how a culture can truly live in communion with Spirit. I come home inspired and look forward to my next trip back to Bali, the isle of the gods."



## Tour Includes

- 10 Nights Luxury Hotels
- Round Trip Air SFO BALI
- Daily Breakfast
- Daily Stretching and Yoga and prayer practice with Reverend Edward and Reverend Chris Michaels
- Temple Fees
- Airport Transfers
- Balinese Sarong and Sash
- Morning Village walk
- Welcome Massage
- 3 Dinners
- Dance Performance by Semara Ratih
- Guide Services provided by Jim Cramer
- Scheduled Tours and Use of Mini-van for Group or Individual (based on availability)

(707) 566-8078

[jim@baliadvisor.com](mailto:jim@baliadvisor.com)

[www.baliadvisor.com](http://www.baliadvisor.com)

