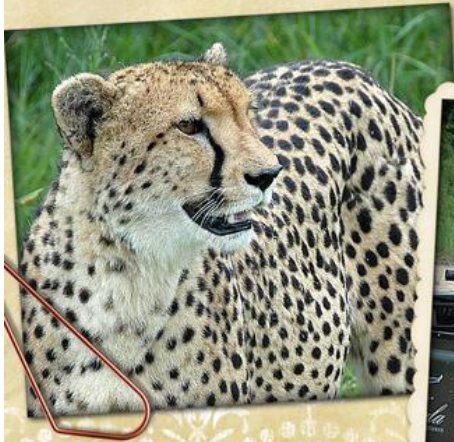


# Spirit Tours

JOURNEYS OF THE SOUL

## Spirit of Africa

JOURNEY TO AFRICA 10 DAYS/9 NIGHTS



April 2<sup>nd</sup> through April 11th 2012  
With Reverend David Phears  
and tour leader Jim Cramer  
\$4998.00

## Itinerary

## Day 1 Depart USA

You choose your route via Europe, or via JFK or Washington DC. We can assist you in making travel plans to Cape Town

## Day 2 Arrive Capetown

Transfer to the **Radison Hotel Waterfront** situated on the edge of the Atlantic Ocean and overlooking its own marina, the hotel has a distinctly maritime feel. Located a short walk away from the Victoria & Alfred shopping complex on the harbor, this large and spacious hotel is convenient and comfortable, offering you high quality accommodation and service. A large pool terrace contains a rim-flow swimming pool that overlooks the sea, a great place to relax.

Not Included

Dinner



## Day 3 Cape Town Robbin Island Tour

The morning begins with meditation and daily prayer followed by breakfast at 9:00am. At 1:00pm we catch the Ferry to **Robben Island**, previously used by the Dutch to house convicts and later as a leprosy colony. The real historical significance however lies in the use of Robben Island as a political prison by a previous "apartheid" government where the leaders of the struggle against "apartheid" were incarcerated. **A guided tour on Robben Island** will provide special insight to the conditions under which the political prisoners were held as well as interesting insight into the struggle against "apartheid". During the tour, the highlight will be a visit to the prison cell of the icon Nelson Mandela, later to become the first democratically elected president of South Africa. That evening we will have our welcome dinner at the hotel.



## Day 4 Cape Point Tour

The morning begins with meditation and daily prayer followed by breakfast at 9:00am. We will then take the **Cape Point Tour**. This is an awe-inspiring tour to the towering headland known as Cape Point. Magnificent beaches, breathtaking views, historic and picturesque coastal villages are to be seen along the way. The Cape tour is one of the world's most scenic areas and stretches from the city center to Cape Point. We will travel along one of the world's most breathtaking coastal drives. We will travel thru Camps Bay and Haut Bay. Our last leg of the tour takes us along the Atlantic Seaboard stopping at a Llandudno look-out point. We will travel thru **Silvermine Nature Reserve** area to Cape Point and the **Good Hope Nature Reserve**, which has magnificent fynbos

vegetation, birdlife, endemic antelope species, zebra, historic lighthouses and shipwrecks. Cape Point is perceived to be the meeting point of the Atlantic and Indian Oceans.

We will visit the **African penguin colony** located at the beautiful Boulders Beach. These quaint flightless birds are one of the main eco-tourism attractions in Cape Town. You can view the penguins from elevated boardwalks. Here we will have lunch. We will continue thru historic Simon's Town, a village with charming Victorian architecture, a naval base. The tour ends at 4:00pm back at your hotel



### **Day 5 Table Mountain**

The morning begins with meditation and daily prayer followed by breakfast at 9:00am. After the group meeting we will have some free time to shop one of Africa's most famous waterfront shopping centers. We will be met in the hotel foyer at 1:30pm by an Ilios Travel Representative to begin our tour of Table Mountain. We will take a 65 passenger cable car ride from Tafleberg Road to the top of Table Mountain, where we will enjoy spectacular views in all directions and a bird's eye view of the city (weather permitting). Once on top you are free to follow paths to various look-outs, make use of the telescopes and enjoy a light meal or simply a sundowner drink in the restaurant. (Regardless of the weather at the base of the mountain, take a windbreaker as it can often be cool on the mountain top. Wear sturdy walking/hiking shoes.)



By the late 1870's, several of Cape Town's more prominent citizens had suggested the introduction of a railway line to the top of Table Mountain. Plans to implement a proposed rack railway got under way but the outbreak of the Anglo-Boer War put a halt to these efforts. By 1912, with a strong desire to gain easy access to the top of Table Mountain, the Cape Town City Council commissioned an engineer to investigate the various options for public transport to the top. The new cableway was officially opened on the 4th of October 1997, the anniversary of the original launch, almost 70 years previously.

To date the Cableway has transported more than 16 million passengers to the summit. 800 000 visitors from all over the world use the Cableway annually. Even with so many visitors, queuing time is minimal due to the new upgraded system.

The cable car was imported from Switzerland and there are only 2 other's in the world in Titlis in the Swiss Alps in Switzerland, and one in Palm Springs in America. The cable car floor rotates giving everyone a 360 degree view on the way up. At its highest point Table Mountain is 1085m above sea level. The tour concludes at approximately 5:20pm when you will be dropped off at your hotel.

That evening we will enjoy dinner on our own.

### **Day 6 Kirstenbosch Gardens**

The morning begins with stretching and yoga at 7:00 a.m. for those interested, followed by breakfast at 8:00 a.m. (included) and a group meeting for prayer and meditation at 9:00am. You will be met in the hotel foyer at 9:30am by an ILIOS Travel Representative to begin your tour of Kirstenbosch Botanical Gardens.

The beautiful Kirstenbosch Gardens cover an area of 528 hectares with 36 hectares of cultivated garden. The gardens are a celebration of South African flora - showcasing only indigenous South African plants.

Fynbos, proteas, cycads and rolling lawns are intermingled with streams and ponds and well-laid out pathways for easy walking. A great variety of birds inhabit the gardens and the sweeping views from the upper slopes are spectacular. Whether for a casual stroll, a more strenuous walk the gardens are a must-see when visiting Cape Town. We will spend 3 hours at the Gardens and lunch



can be purchased at the restaurant. That eve we will have a Cape town farewell dinner at the African Café.

### **Day 7 Ngala Game Reserve**

This morning following breakfast we will leave the hotel by 8:00am for our 10:00am flight to KRUGER MPUMALANGA INT APTNELSPRUIT KRUGER ZA SOUTH AFRICA AIR 8663K SU CAPE TOWN TO NELSPRUIT DEPART AT 1000A arrive 1235P

We then will be transported on a 3 hour drive thru some of the most beautiful country in South Africa to **Ngala Private Game Lodge** in Kruger National Park. This gracious, colonial-style safari lodge, set in Ngala's extraordinary African wilderness, is renowned for its superb accommodation. It provides an unbeatable family safari experience in the heart of the Kruger National Park. The 20 thatched cottages are shaded by Mopane trees and overlook the riverine below. All cottages feature air conditioning, intimate verandas and green slate in suite baths and showers. After settling into your room we will venture into the bush for our first game drive. Ngala reserve will provide Breakfast, Lunch and Dinner.



### **Day 8 Ngala Game Reserve**

Situated within the world-famous Kruger National Park, a safari at Ngala Private Game Reserve is an unsurpassed wildlife experience offering exceptional game

viewing, an abundance of birdlife, numerous spectacularly scenic attractions and cultural experiences. A typical day at a Game Lodge:



5:30am After senses are awakened by the sounds of the bushveld, guests congregate with the rangers at the main lodge for tea, coffee and light snacks in anticipation of the early morning game drive.

6:30am - As the early morning sun rises over the horizon, highly skilled game rangers and trackers head out with us into the African bushveld to discover the wonder of the African bush and a unique encounter with its majestic inhabitants. One can sense the excitement. Who knows what to expect? A herd of ever-cautious impala huddled together, a leopard in the branches of a knobthorn tree with a kill from the last hours of darkness, a herd of elephant feeding in the lush vegetation or a pride of lion in the shade of an acacia. The sound of creatures awakening to a new day stirs your passion for Africa and its many wonders

9:30am - The fresh aromas of Ngala's signature breakfast entice guests back to the lodge. Overlooking the African plains from the main deck, a spectacular breakfast follows your return from the morning game drive, with a buffet of seasonal fruits, cereals, yogurt and fruit juice, followed by a delectable hot breakfast

11:00am Optional Bush walk can be arranged with Rangers at the Lodge.(For no additional charge)

1:00pm Lunch -- Ngala's talented chefs prepare a medley of culinary delights, inspired by African flavors yet guided by western cooking tradition.



2:00pm The group meets for an informal discussion and check in followed by free time for relaxation.

4:00pm As the endless African day starts to cool and the shadows are forming across the plains, guests enjoy afternoon refreshments, which are served in the main lodge before the evening game drive

4:30pm A vivid sunset sky forms the backdrop of an unforgettable wildlife experience. As darkness approaches, the animals become more active, rarely seen nocturnal creatures emerge and incredible interactions are the order of the day.

8:00pm - One by one, the drivers return to the lodge, the fires are lit and the night's entertainment begins. Return to the lodge for dinner around the fire in the Boma under a starlit sky, or a gourmet meal by candlelight in the dining room. A fusion of venison dishes, fresh fish from the South African coast, pastas, soups and vegetables, dinner at Ngala is a sumptuous affair, where you will be enchanted by the rhythm and harmony of a local choir. Retire to your suite for a restful nights sleep in preparation for the next exciting day.

## **Day 9 Ngala Private Game Reserve**



5:30am After senses are awakened by the sounds of the bushveld, guests congregate with the rangers at the main lodge for tea, coffee and light snacks in anticipation of the early morning game drive.

6:30am - As the early morning sun rises over the horizon, highly skilled game rangers and trackers head out with us into the African bushveld to discover the wonder of the African bush and a unique encounter with its majestic inhabitants. One can sense the excitement. Who knows what to expect? A herd of ever-cautious impala huddled together, a leopard in the branches of a knobthorn tree with a kill from the last hours of darkness, a herd of elephant feeding in the lush vegetation or a pride of lion in the shade of an acacia. The sound of creatures awakening to a new day stirs your passion for Africa and its many wonders

9:30am - The fresh aromas of Ngala's signature breakfast entice guests back to the lodge. Overlooking the African plains from the main deck, a spectacular breakfast follows your return from the morning game drive, with a buffet of seasonal fruits, cereals, yogurt and fruit juice, followed by a delectable hot breakfast

11:00am Optional Bush walk can be arranged with Rangers at the Lodge.(For no additional charge)

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4:30pm A vivid sunset sky forms the backdrop of an unforgettable wildlife experience. As darkness approaches, the animals become more active, rarely seen nocturnal creatures emerge and incredible interactions are the order of the day.

8:00pm - One by one, the drivers return to the lodge, the fires are lit and the night's entertainment begins. Return to the lodge for our farewell dinner around the fire in the Boma under a starlit sky

## Day 10 Ngala Game Reserve



5:30am After senses are awakened by the sounds of the bushveld, guests congregate with the rangers at the main lodge for tea, coffee and light snacks in anticipation of the early morning game drive.

6:00am Prayer and Meditation

6:30am - As the early morning sun rises over the horizon, highly skilled game rangers and trackers head out with us into the African bushveld to discover the wonder of the

African bush and a unique encounter with its majestic inhabitants. One can sense the excitement. Who knows what to expect? A herd of ever-cautious impala huddled together, a leopard in the branches of a knobthorn tree with a kill from the last hours of darkness, a herd of elephant feeding in the lush vegetation or a pride of lion in the shade of an acacia. The sound of creatures awakening to a new day stirs your passion for Africa and its many wonders

8:30am - The fresh aromas of Ngala's signature breakfast entice guests back to the lodge. Overlooking the African plains from the main deck, a spectacular breakfast follows your return from the morning game drive, with a buffet of seasonal fruits, cereals, yogurt and fruit juice, followed by a delectable hot breakfast

9:30am We will check out of Ngala and be transported to a nearby airport **HOEDSPRUIT**. About an hour from the game lodge.

# **Price \$4998.00 (Land Only)**

## **Based upon Double Occupancy**

### **Price Includes:**

All flights in S. Africa.

All Tours Transfers and Ground Transportation

5 Nights Lodging in Cape Town with Daily breakfast

Welcome Dinner in Cape Town

3 Nights Lodging Ngala Private Game Reserve (Breakfast, Lunch and Dinner.)

Entrance fees to Timbavati Private Game Reserve

Game drives (4 days) and 1 Optional game walk per day

Afternoon tour of Table Mountain

Morning Tour of Cape Point

Morning Tour of Kirstenbosch Gardens

Farewell Dinner in Cape Town at African Café

### **Does Not Include:**

Meals or beverages not specified above

Additional activities, excursions, transfers or tours not mentioned above

Travel Insurance

Passport and Visa Related Costs.

Accommodation based upon twin share.

Single occupancy

Gratuities

Porterage fees

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